



NMC /Embers Pizzeria 5K-Halloween

October 28, 2018

1K-Kids 12:20

5KWalk 12:15 pm

5K Run 1:00pm

Race Location: Embers Pizzeria, 84 Lakefront Street, Lunenburg, Ma 01462

REGISTRATION WILL BE AT: ON THE ROCKS, 96 Lakefront Street, Lunenburg, MA 01462

Entry Fee for 1K only: \$5.00 Kids Only - \$20. until 10/16/18 - \$25. -10/17/18 to race day

HATS TO THE FIRST 100 TO REGISTER FOR THE 5K



Prizes: 1st, 2nd, 3rd Male/Female Runner

Make Check out to: North Medford Club

Send Check to: Marge Gladwin- 16 Village View Road, Westford, MA01886

Questions Email: debfholiday@aol.com

Name: _____

Address: _____ City _____ State: _____ Zip _____

Date of Birth: _____ Age: _____ Gender : Male _____ Female _____

EMAIL: _____ Walker _____ or Runner _____

Waiver must be read and signed: I know that road racing is a potentially dangerous activity. I assume all risks with running this race. I waive and release North Medford Club,Embers / On The Rocks and the city of Lunenburg, all sponsors, directors and officers from all claims of liabilities of any kind arising out of my participation in this race even though that liability may arise out of negligence on the part of the persons named in this waiver.

SIGNED: _____

