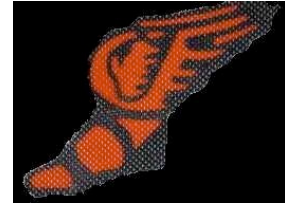


North Medford Running Club Presents: 2019 Spring Devens 5K/1M Series



When: Wednesday Nights in April and May (4/3, 4/10, 4/17, 4/24, 5/1, 5/8, 5/15, 5/22, 5/29) **9 RACES!!!**

Time: APRIL: 6:15 PM. MAY: 6:30 PM.

Where: Rogers Field, Devens, MA

Parking: Enter the parking area from Jackson Rd.

Cost: \$2 for NMC members, \$4 for non NMC members, \$1 for anyone under 18 years old.

Amenities: Timed 5k run on wheel measured course with weekly prizes to be awarded. 1 Mile option is also available.

Course. Course begins at the beginning of the asphalt portion of the field and continues to the end and then left onto Buena Vista St. Left at stop sign to Sherman Rd. Uphill to Jackson Rd then right and then a quick right onto Pine St. A left on Grant St. and a hairpin turn left back onto Jackson. Shortly after the 2 mile mark a left turn onto Sherman Rd. and then a left onto Walnut St. At the end a right to Elm St. Follow back across Sherman Rd. and downhill to Rogers Field. Finish is at the center of the asphalt path. Those who want to run the 1 Mile will run once around the field.

Directions: Rte 2 to Exit 37 (37A heading East or 37B heading West) and head north towards Devens on Jackson Road. Follow Jackson Road for about 2 miles and you will see a gas station, hotel and fire station on your right. After the fire station, Rogers Field will be visible on your left

Special Theme nights:

May 22nd—handicap race. Runners will not be allowed to wear watches. Display clock counts down and runners start at different times based on what their estimated times are with the goal of finishing after the clock counts down to zero. Prizes will be given to the first male and female to finish the closest to their estimated times. Only race volunteers will be able to see clock at the finish.

May 29th – Last Race Celebration- Free for all participants, with food following the race.

For more information, please contact:

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