

*Lynn Woods Trail Race*  
*Lynn, MA July 31, 2019*

5.5 Miles

1.	Jonathan Miganowicz	M/32	Templeton	NMC	37:05
2.	Jeremy Zglobicki	M/32	Auburn	NMC	38:06
3.	Charlie Salmond	M/68	Fitchburg	NMC	54:15
4.	Rick Hersey	M/67	Medfield	NMC	54:23
5.	Amy Fallon	F/42	Worcester	NMC	60:08
6.	Kevin Fallon	M/51	Shrewsbury	NMC	60:09
7.	Peter Orni	M/77	Ashburnham	NMC	61:02
8.	Phil McGraw	M/70	Shirley	NMC	62:55