Hi everybody,

I hope this e-mail finds you all healthy and well.

With so many races being cancelled and or postponed, a friend of mine brought to light so called 'virtual' races, with many being run or scheduled in the past few weeks. All the ones I could find were too far away, so I thought I'd propose one around here. Run a set course, preferably solo, the way intended, e-mail your time to me, and I'll post results. Something different:). The course would be the same one used for the NMC Shamrocks 5k in Lunenburg. Start at the Gazebo, finish in front of Embers, same as the course used in the race. Run it anytime during the month of April, and again, e-mail your time to me. I'll send results to all that ran (maybe even get them posted on the website?). I hope this attracts a good number of runners (feel free to let others know). With nothing else out there, it has potential, no? Signed up for Boston? Run it on the 20th:). Down the road, it may be one of a kind, something you can look back at and say, I ran that silly race, it was fun. Like I said, I hope a lot of runners take me up on this idea.

Disclaimer: Of course, everybody that runs is on his or her own. You're responsible for yourself, no different than any training run. No entry fee, no liability on anyone's part. You can't run in big groups, no big gatherings, after all. I'll try to let everybody know what my time is.

RSVP back to me if you intend to run it, it would help. Any questions, same thing. And by all means, let me know what you think. Looking forward to it. Run with the wind at your backs:).

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