

All races will be held virtually unless the race director determines it to be safe, a notice of which will be made on the club's website. Runners will run the course on their own during the course of the week and submit their times to the race director to be tabulated and shown on the NMC website.

- January 3 Sunday, Bob Hersey Memorial, K of C 165 Electric Ave., Fitchburg, MA, 4 Miles, (the traditional bad weather course). 1pm. Rte 2, South St. exit towards Fitchburg, left on Electric Ave., K of C on left. Call or text 5083806268 or Rainman52@verizon.net for directions. Virtual.
- January 31, Sunday, Log Cabin 10K, rtes. 2A &31, Westminster St., Fitchburg, MA, 1:00pm. Directions: rte. 2 to rte. 31 exit towards Fitchburg, right at stop sign. Entry: see below. For information: fgorham2@yahoo.com. *Check website as date approaches*.
- February 7, Sunday, Tom & Ron Boone Memorial 10K, Gardner Fish & Gun Club, ClarkSt. Gardner, Ma. 1pm. Rte 2 to exit 23. Bear onto Pearson Blvd. and then right on Elm St. for .9 miles. Bear left around rotary, Rte. 101, onto Central St. Bear right at fork onto Park St. for .7 miles then bear left on Clark St. to Fish & Gun Club 1.25 miles on left. Entry: see below For information: sarahlee52@comcast.net. Virtual.
- February 14, Sunday, Donnelly's Tavern 5 mile, Donnelly's Tavern, 43 Summer St., Lunenburg, MA, 5 Miles, 1pm. Rte 2 to exit 32 to rte 13 north, Main St. for 2 miles. Left onto North St. at King's Corner for 1 mile to Donnelly's Tavern on right. For information: fgorham2@yahoo.com. *Check website as date approaches.*
- **February 21, Sunday, Merrimac**, 1 Locust St., Merrimac, MA, 7 Mile handicap run, 1pm. (Rte 495 to to exit 53 onto Broad St. Turn onto rte 110 to center of town. Turn left onto Locust St.). Entry: see below. For information: philipmcgaw@comcast.net. *In person race*.

Entry fees: \$5.00 for all non-members, \$3.00 for NMC members who want a prize, no entry fee for NMC members who waive prize.

All races with the exception of trail races include a race walk.

Contact race director if race is in question.

Other races supported or organized by NMC or its members:

January TBD, Sunday, The Great Stew Race, K of C Lynnfield St. (rte. 129) Lynn, MA 15K, 10am. Contact Roger Perham at 989-468-7934. Directions, information, and applications: www.stewchase.com, Facebook, 15K Great Stew Chase
Shirts may be purchased the day of the race

February 22-28, March 1-7, March 8-14, Wild Rover Series, 3M, 4M, 5M, Haverhill, Lawrence, Lowell. *All races virtual unless conditions change.* No club discounts -series is discounted for 2021. For information: http://www.runthewildrover.com.

February 22-28, March 1-7, March 8-14, Wild Rover Series, 3M, 4M, 5M, Haverhill, Lawrence, Lowell. *All races virtual unless conditions change.* No club discounts - series is discounted for 2021. For information and registration: https://www.wildroverseries.com

NMC Website: www.NorthMedfordClub.org
To run for the NMC teams at championship races see Jim Fay or Jeff Gould.
USAT&F card must list North Medford Club, #37

The NMC encourages runners who estimate that they will run at fifteen minute or more to consider arriving at least a half hour early for each race and either self time or run with other runners in this same pace group. All times will be counted with the entire field. In addition, the race will close at the 15 min x race length. These changes are done for the safety and convenience of race volunteers.