



**North Medford Club
89 Years and Running
2022 Winter Racing Series**

- January 9 Sunday, Bob Hersey Memorial**, K of C 165 Electric Ave., Fitchburg, MA, 4 Miles, (the traditional bad weather course). 1pm. Rte. 2 exit 98 towards Fitchburg, left on Electric Ave., K of C on left.
Call or text 508-380-6268 or Rainman4131@gmail.com for directions.
- January 16, Sunday, Worcester NMC 3.4M Run**, 1pm, Fiddler's Green, 19 Temple St. Worcester, MA
For information: Rebecca Sullivan, Sullivanreb@yahoo.com. Entry: see below.
- January 22, Saturday, Fresh Pond**, Cambridge, MA, 10am, 2.5 and 5 mile races, FREE. Parking behind Cambridge Honda to avoid possible parking ticket on Fresh Pond property.
(Club members only).
- January 22, Saturday, Leominster Knights 5K**, 484 Lancaster St, Leominster MA. 1pm.
For information, George Higgins, georgemoe9@gmail.com. Entry: see below.
- January 30, Sunday, Log Cabin 10K**, rtes. 2A & 31, Westminster St., Fitchburg, MA, 1:00pm.
Directions: rte. 2 exit 94 towards Fitchburg, right at stop sign. Entry: see below.
For information: fgham2@yahoo.com.
- February 6, Sunday, Tom & Ron Boone Memorial 10K**, Gardner Fish & Gun Club, Clark St. Gardner, Ma. 1pm.
Rte. 2 to exit 87. Bear onto Pearson Blvd. and then right on Elm St. for .9 miles. Bear left around rotary, Rte. 101, onto Central St. Bear right at fork onto Park St. for .7 miles then bear left on Clark St. to Fish & Gun Club 1.25 miles on left. Entry: see below For information: sarahlee52@comcast.net.
- February 13, Sunday, Donnelly's Tavern 5 mile**, Donnelly's Tavern, 43 Summer St., Lunenburg, MA, 5 Miles, 1pm.
Rte. 2 to exit 100 to rte. 13 north, Main St. for 2 miles. Left onto North St. at King's Corner for 1 mile to Donnelly's Tavern on right. For information: fgham2@yahoo.com.
- February 20, Sunday, Merrimac**, 1 Locust St., Merrimac, MA, 7 Mile handicap run, 1pm.
Rte. 495 to exit 115 onto Broad St. Turn onto rte. 110 to center of town. Turn left onto Locust St.
Entry: see below. For information: philipmcfaw@comcast.net.

**Entry fees: \$5.00 for all non-members, \$3.00 for NMC members who want a prize,
no entry fee for NMC members who waive prize.**

**All races with the exception of trail races include a race walk.
Contact race director if race is in question.**

Other races supported or organized by NMC or its members:

- January TBD, Sunday, The Great Stew Race**, K of C Lynnfield St. (rte. 129) Lynn, MA 15K, 10am.
Contact Roger Perham at 989-468-7934. Directions, information, and applications: www.stewchase.com, Facebook,
15K Great Stew Chase Shirts may be purchased the day of the race. **Postponed**
- February 27, March 6, March 13, Wild Rover Series**, 3M, 4M, 5M, Haverhill, Lawrence, Lowell.
Discounted entry fees for NMC members for three races. Dates are tentative. A virtual option TBD.
For information: <http://www.runthewildrover.com>.
- April 9, Saturday, 30th Annual Merrimack River 10 Mile Trail Race**, presented by the North Medford Club.
9am. Parking at Doubletree by Hilton, Old River Rd, Andover, MA. Registration fee \$10 before 4/2/22
\$15 post and day of race. Add \$10 for t-shirt, limit of 75. Applications available at Sumei-leung@yahoo.com.

**NMC Website: www.NorthMedfordClub.org
To run for the NMC teams at championship races see Jim Fay or Jeff Gould.
USAT&F card must list North Medford Club, #37**

The NMC encourages runners who estimate that they will run at fifteen minute or more pace to consider arriving at least a half hour early for each race and either self-time or run with other runners in this same pace group. All times will be counted with the entire field. In addition, the race will close at the 15 min x race length. These changes are done for the safety and convenience of race volunteers.