

North Medford Club

89 Years and Running

2022 Summer Racing Series

- May 31, Tuesday, Bob Hersey Memorial 5 mile**, K of C, 165 Electric Ave. Fitchburg, MA 7pm
Directions: rte. 2 to South Street exit toward Fitchburg, left onto Electric Ave., K of C on left.
Entry: see below. For information: rainman52@verizon.net.
- June 7, Tuesday, Worcester NMC 3.4M Run**, 6:30pm, Fiddler's Green, 19 Temple St. Worcester, MA
For information: Rebecca Sullivan, Sullivanreb@yahoo.com. Entry: see below.
- June 14, Tuesday, Country Road 10K**, Templeton, 703 South Rd. 6:30pm. Directions: Rte 2N to exit 83, turn right onto rte 101, left onto Wellington Rd then merge with South Rd. Parking on right side of road. For information contact runningkid47@yahoo.com.
- June 21, Tuesday, Lake Dennison** (at main beach), Baldwinville, MA, 4 miles, 6:30pm, dirt road and trails. Directions: rte. 2, exit 82 to Baldwinville Rd., right onto rte. 202. Entry: see below.
For information: jdimucci5@comcast.net
- June 28, Tuesday, Hill Top 5K**, Hubbardston State Forest, Mt. Jefferson Rd., Hubbardston. 6:30pm.
From rt 2 take exit 86 In Hubbardston center turn right onto Williamsville Rd. then turn right onto Mt. Jefferson Rd. Continue up Jefferson Rd. until you see Malone Rd. on the right. The start is just past Malone Rd. Drivers must park on the right side of road. For information: Runningkid47@yahoo.com.
- July 5, Tuesday, Donnelly's Tavern Run**, 43 Summer St. Lunenburg, MA, 5 miles, 7pm
Directions: rte.2, exit 100 to rte.13 north, Main St. for 2 miles, left onto North St. at King's Corner for 1 mile to Donnelly's Tavern. Entry: see below. For information: fgorham2@yahoo.com.
- July 12, Tuesday, Country Road 5K**, Templeton, 703 South Rd. 6:30pm. Directions: Rte 2N to exit 83, turn right onto rte 101, left onto Wellington Rd then merge with South Rd. Parking on right side of road. For information contact runningkid47@yahoo.com.
- July 19, Tuesday, NMC Burbank 5M Trail Race**, 275 Nichols Rd, Fitchburg, MA, trails behind the Health Alliance Hospital. 6:30pm. For information contact Karma Tousignant: karmatousignant@gmail.com.
- July 21, Thursday, Turbine Tune-Up 5K**, Narragansett Regional H.S., 464 Baldwinville Rd. Templeton, MA. 7pm. For information: Brehio131@gmail.com.
- July 23, Saturday, Fresh Pond**, Cambridge, MA, 10am, 2.5 and 5 mile races, FREE. Parking behind Cambridge Honda to avoid possible parking ticket on Fresh Pond property.
(Club members only).
- July 26, Tuesday, Leominster Knights 5K**, 484 Lancaster St. Leominster, MA, 6:30pm. For information: George Higgins georgemoe@zoho.com. Entry: see below.
- August 2, Tuesday, Skunk's Misery 4 Miler**, 6:30pm, 70 Queens Lake Rd, Templeton
(white colonial across the street from big field). For information: Arthur and Heidi Besse, angusbf2@aol.com, 978-413-0849
- August 9, Tuesday, North Monoosnoc Hill 4M Trail Run**, 6:30pm, 699 West St Leominster.
Parking on OldTavern Rd on right side of street. For information: durkanmairead@gmail.com, sullivanreb@yahoo.com.
- August 16, Tuesday, Merrimac**, 1 Locust St. Merrimac, MA, 7 mile handicap, 6:30pm. Directions: rte. 495 to exit 115 on Broad St., turn onto rte. 110 to center of town then left onto Locust St.
Entry: see below. For information: philipmcgaw@comcast.net
- August 23, Tuesday, Whitney Memorial 5K**, Devens, MA 6:30pm. From route 2 take the Jackson Road exit. Parking and registration at parking area at Rogers Field off of Jackson Road. Entry: see below.
- October 1, Saturday, Country Road 15K**, Templeton, 703 South Rd. 10am. Directions: Rte 2N to exit 83, turn right onto rte 101, left onto Wellington Rd then merge with South Rd. Parking on right side of road. For information contact runningkid47@yahoo.com.
- October 22, Saturday, 4C's Race, Shirley**, 29 Chapel St., near St. Anthony's Church parking lot. 5.7 miles, 12:10pm. POT LUCK, runners must wear orange and black. Entry: see below.
For information: philipmcgaw@comcast.net

**Entry fees: \$5.00 for all non-NMC members, \$3.00 for NMC members
who want a prize, free for
NMC members who do not wish a prize.**

Other races organized by the NMC or its members:

August 6, Saturday, Wind Turbine 5K Walk-Run, Narragansett Regional H.S., 464 Baldwinville Rd Templeton, MA. 9am walk, 9am run. \$17 before July 17, \$22 after and day of race.

For information: www.windturbine5k.org.

September 5, Monday, West Fitchburg Homecoming Days 5K, Log Cabin, 135 Westminster St, Fitchburg. Children's races begin at noon. 5K begins approximately at 3pm. Entry fee: free Cash prizes. For information contact Brian at The Log Cabin.

September 10, Saturday, 25th Annual Hubbardston Library 5K Run/Walk, 8 Elm St. Hubbardston Center School, Hubbardston, MA. Registration begins at 8am, race at 9am. \$22 pre-registration \$25 after August 1. Proceeds benefit the Hubbardston Town Library. Long sleeve tee shirts to the first 100 registrants. For information and directions: Mark Wigler at (978) 928-5120 or by email at mtwigler@gmail.com.

November 24, Thursday, 25th Annual Thanks For Running Road Race, 3 miles, 151 Boutelle St., Fitchburg. 8:30am for walkers, 8:45am for runners. \$25 to benefit The Hydrocephalus Association. Long Sleeve tee shirts. For directions and information, 508-341-1279, 978-273-5179, 4gboys@comcast.net, elizabethwalsh1@verizon.net.

November 24, Thursday, 43rd Gardner Turkey Trot. Walkers 8am, runners 8:30am. For information: <https://www.gardnertrackxcboosters.org/greaterturkeytrot.html>

NMC Homepage: <http://www.NorthMedfordClub.org>

See Jim Fay to run for the NMC team at Championship Races. USAT&F card must list North Medford Club, #37.

HELP AT THE RACES IS ALWAYS APPRECIATED.