

*Fresh Pond 2.5 & 5 Mile*  
*Cambridge, MA January 28, 2023*

**2.5 Mile**

Place	Name	Age	Town/City	Time
1.	Mike Landman	65	Cambridge	24:14
2.	Yvon Boucher	59	Lunenburg	24:15
3.	Stephen Abbandanza	70	Everett	24:35
4.	Kevin Fallon	54	Worcester	26:28
5.	Andrea Landman	60	Cambridge	27:00
6.	John Babington	78	Ashland	31:16
7.	Kathleen Russell	71	Oxford	32:59
8.	Paul Schell	85	Malden	37:30

**5 Mile**

Place	Name	Age	Town	Splits	Finish
1.	Jeremy Zglobicki	35	Templeton	15:43	31:11
2.	Jonathan Miganowicz	36	Templeton	16:06	32:51
3.	Charlie Salmond	70	Fitchburg	22:27	44:55
4.	Brenda Morris	56	Worcester	22:42	47:57
5.	Emer O'Donoghue	60	Maynard	26:08	50:46

Notes:

Thanks to Diane

Volunteers: Marge Gladwin & David Duval