

# 4 C Road Race 5.7 Miles

McGraw Shirley Estate, MA

Oct. 26, 2019

| Place | Name             | Time  | Age | Gen. | City/Town   | Club |
|-------|------------------|-------|-----|------|-------------|------|
| 1.    | Jeff Gould       | 40:04 | 54  | M    | Gardner     | NMC  |
| 2.    | Kevin Fallon     | 42:55 | 51  | M    | Shrewsbury  | NMC  |
| 3.    | Charlie Salmond  | 50:25 | 67  | M    | Fitchburg   | NMC  |
| 4.    | Stephen McAvoy   | 57:27 | 67  | M    | Everett     | NMC  |
| 5.    | Amy Fallon       | 58:17 | 42  | F    | Worcester   | NMC  |
| 6.    | Rick Hersey      | 58:19 | 68  | M    | Medfield    | NMC  |
| 7.    | Philip McGaw     | 59:55 | 69  | M    | Shirley     | NMC  |
| 8.    | Amy Potter       | 64:16 | 46  | F    | Winchendon  | NMC  |
| 9.    | Mike O'Hara      | 64:16 | 62  | M    | Fitchburg   | NMC  |
| 10.   | Peter Orni       | 66:17 | 76  | M    | Ashburnham  | NMC  |
| 11.   | Marge Gladwin    | 74:22 | 65  | F    | Westford    | NMC  |
| 12.   | Sherisa Sterling | 82:17 | 66  | F    | Ashburnham  | NMC  |
| 13.   | Roger Perham     | 85:24 | 72  | M    | S. Hamilton | NMC  |

RACE DIRECTOR: PHIL MCGAW

VOLUNTEERS: DAVID DUVAL, JEREMY ZYLOBILKI, JONATHAN MIGANOWICZ

BEAUTIFUL SUNNY DAY

Submitted by: Marge