



**North Medford Club  
87 years and Running  
2020 Winter Racing Series**

**January 5 Sunday, Bob Hersey Memorial**, K of C 165 Electric Ave., Fitchburg, MA, 5 Miles, 1pm. (Rte 2, South St. exit towards Fitchburg, left on Electric Ave., KofC on left.).  
**POT LUCK. ANNUAL MEETING.** Call 5083806268 or [Rainman52@verizon.net](mailto:Rainman52@verizon.net) for directions.  
Entry: see below

**January 12, Sunday, Compass Tavern**, 3.4 miles, 1pm, 90 Harding St. Worcester, MA. Entry: see below. For information contact Lori Berkey at [loribcharlie@aol.com](mailto:loribcharlie@aol.com).  
**Entry fee waived in place of non-perishable food donation.**

**January 18, Saturday, Fresh Pond**, Cambridge, MA, 10am, 2.5 and 5 mile races, FREE. Parking behind Cambridge Honda to avoid possible parking ticket on Fresh Pond property. Races hosted by CSU. NMC members only may participate. For information: Diane, [laugh@mit.edu](mailto:laugh@mit.edu).

**January 26, Sunday, Log Cabin 10K**, rtes. 2A & 31, Westminster St., Fitchburg, MA, 1:00pm. Directions: rte. 2 to rte. 31 exit towards Fitchburg, right at stop sign. Entry: see below. For information: [fgorham2@yahoo.com](mailto:fgorham2@yahoo.com).

**February 2, Sunday, Tom & Ron Boone Memorial 10K**, Gardner Fish & Gun Club, Clark St. Gardner, Ma. 1pm. Rte 2 to exit 23. Bear onto Pearson Blvd. and then right on Elm St. for .9 miles. Bear left around rotary, Rte. 101, onto Central St. Bear right at fork onto Park St. for .7 miles then bear left on Clark St. to Fish & Gun Club 1.25 miles on left. Entry: see below For information: [sarahlee52@comcast.net](mailto:sarahlee52@comcast.net).

**February 9, Sunday, Donnelly's Tavern 5 mile**, Donnelly's Tavern, 43 Summer St., Lunenburg, MA, 5 Miles, 1pm. Rte 2 to exit 32 to rte 13 north, Main St. for 2 miles. Left onto North St. at King's Corner for 1 mile to Donnelly's Tavern on right. For information: [fgorham2@yahoo.com](mailto:fgorham2@yahoo.com).

**February 16, Sunday, Merrimac**, 1 Locust St., Merrimac, MA, 7 Mile handicap run, 1pm. (Rte 495 to to exit 53 onto Broad St. Turn onto rte 110 to center of town. Turn left onto Locust St.). Entry: see below. For information: [philipmcgaw@comcast.net](mailto:philipmcgaw@comcast.net).

**Entry fees: \$5.00 for all non-members, \$3.00 for NMC members who want a prize,  
no entry fee for NMC members who waive prize.**

**All races with the exception of trail races include a race walk.  
Contact race director if race is in question.**

**Other races supported or organized by NMC or its members:**

**January 26, Sunday, The Great Stew Race**, K of C Lynnfield St. (rte. 129) Lynn, MA 15K, 10am. Contact Roger Perham at 989-468-7934. Directions, information, and applications: [www.stewchase.com](http://www.stewchase.com), Facebook, *15K Great Stew Chase*  
Shirts may be purchased the day of the race

**March 15, Sunday, Shamrocks On The Rocks 5K**, 96 Lakefront St., Lunenburg, MA, 1pm. Entry Fee: \$20 until 2/29/2020; Entry Fee: \$25 3/1/2020 to day of race  
Information: contact Chris Reid [reidcc@comcast.net](mailto:reidcc@comcast.net).

**February 23, March 1, March 8, Wild Rover Series**, 3M, 4M, 5M, Haverhill, Lawrence, Lowell. Discounted entry fees for NMC members for three races. For information: <http://www.runthewildrover.com>.

**NMC Website: [www.NorthMedfordClub.org](http://www.NorthMedfordClub.org)  
To run for the NMC teams at championship races see Jim Fay or Jeff Gould.  
USAT&F card must list North Medford Club, #37**

**The NMC encourages runners who estimate that they will run at fifteen minute or more to consider arriving at least a half hour early for each race and either self time or run with other runners in this same pace group. All times will be counted with the entire field. In addition, the race will close at the 15 min x race length. These changes are done for the safety and convenience of race volunteers.**