

*Fresh Pond 2.5 & 5 Mile
Cambridge, MA July 22, 2023*

2.5 Mile

Place	Name	Age	Town/City	Club	Time
1.	Mike Landman	66	Cambridge	NMC	23:12
2.	Stephen Abbandanza	71	Everett	NMC	26:42
3.	Andrea Landman	60	Cambridge	NMC	27:48
4.	John Babington	78	Ashland	NMC	29:34
5.	Paul Schell	85	Malden	NMC	34:28
6.	Margin Gladwin	69	Westford	NMC	38:33

5 Mile

Place	Name	Age	Town	Club	Time
1.	Jonathan Miganowicz	36	Templeton	NMC	38:04
2.	Tom Sullivan	63	Medway	NMC	40:42
3.	Charlie Salmond	71	Fitchburg	NMC	46:01
4.	Elizabeth Boucher	29	Groton	NMC	48:55

Notes:

Thanks to Diane McLaughlin

Volunteers: Marge Gladwin & David Duval