

Lake Dennison 4 Mile Trail Race

Winchendon, MA June 20, 2023

Place	Name	Town	Age	Club	Time
1.	Jeremy Zglobicki	Templeton	35	NMC	24:30
2.	Kylie Marion	Winchendon	19	Unat	25:55
3.	Jason O'Sullivan	Templeton	18	NMC	26:52
4.	Jonathan Miganowicz	Templeton	36	NMC	27:13
5.	Ed Chartier	Philipston	52	NMC	28:06
6.	Kevin Clark	Gardner	57	Unat	30:04
7.	Alyssa Clark	Gardner	49	NMC	30:11
8.	Tom Bockus	Athol	68	NMC	31:02
9.	Sean O'Sullivan	Templeton	52	NMC	31:18
10.	Jim Shope	Sterling	69	NMC	33:27
11.	Amy Potter	Winchendon	50	NMC	33:30
12.	Rick Hersey	Medfield	71	NMC	37:02
13.	Bev Mathieu	Sterling	63	NMC	37:03
14.	Megan Constantine	Templeton	39	Unat	37:09
15.	Charlie Salmon	Fitchburg	71	NMC	37:59
16.	Stacy Hughes	Templeton	48	Unat	38:40
17.	Serena Bassett	Baldwinville	54	NMC	40:15
18.	Amy Fallon	Worcester	46	NMC	40:16
19.	Kevin Fallon	Worcester	55	NMC	40:29
20.	Steven Abbondanza	Everett	71	NMC	42:35
21.	Michael Rush	Townsend	48	NMC	43:23
22.	Jess Bancroft	Templeton	46	Unat	43:26
23.	Yvon Boucher	Lunenburg	59	NMC	43:36
24.	Jenny Buckingham	Gardner	42	NMC	43:59
25.	Daria Cunningham	Lunenburg	46	NMC	44:01
26.	Joe DiMucci	Templeton	65	NMC	44:08
27.	Adelyne Bunnell			Unat	46:02
28.	Ashley Griffin	Fitchburg	32	NMC	46:04
29.	George Higgins	Leominster	63	NMC	46:38
30.	Phil McGaw	Shirley	73	NMC	49:35
31.	Cathy Hall			Unat	57:25
32.	Rebecca Sullivan	Worcester	52	NMC	57:25

33.	Peter Orni	Ashburnham	80	NMC	57:46
34.	Sherisa Sterling	Ashburnham	70	NMC	49:33
35.	Marge Gladwin	Westford	69	NMC	59:45

Notes: Sunny and high 70s

Course Records:

Hunter Marion (2022) 21:05

Kylie Marion (2023) 25:55

Volunteers: Marge Gladwin, Dave Duval, Anna DiMucci, Jon Miganowicz, Jeremy Zglobicki, Jenny Buckingham, Daria Cunningham, Jack Thornton, Jim Brehio