

North Medford Club Summer Series

1st North Monoosnoc 5K

August 8, 2023

375 Granite St. - Leominster, MA

Place	Name	Town/City	Age	Club	Time
1.	Spencer Barr	Sterling	29	UNN	30:14 CR
2.	Jonathan Miganowicz	Templeton	36	NMC	31:24
3.	Chris Picone	Ashburnham	55	NMC	32:45
4.	Zachary Bourdridge	Leominster	13	UNN	34:39
5.	Josh Bourdridge	Leominster	45	UNN	35:26
6.	Jeremy Zglobicki	Templeton	35	NMC	37:24
7.	Tom Sullivan	Medway	63	NMC	41:41
8.	Kyle Krawec	Templeton	19	UNN	41:49
9.	Serena Bassett	Baldwinville	53	NMC	41:51 CR
10.	Denise Lawson	Uxbridge	62	NMC	42:00
11.	Rick Hersey	Medfield	72	NMC	42:12
12.	Stacy Hughes	Templeton	48	NMC	42:23
13.	Kevin Fallon	Worcester	55	NMC	47:33
14.	Amy Fallon	Worcester	46	NMC	47:36
15.	Charlie Salmond	Fitchburg	71	NMC	47:45
16.	George Higgins	Leominster	64	NMC	54:28
17.	Meghan Picone	Ashburnham	54	NMC	55:21
18.	Sherisa Sterling	Ashburnham	70	NMC	59:27
19.	Stephen Abbondanza	Everett	71	NMC	60:04
20.	Molly Reid	Fitchburg	63	NMC	72:10
21.	Peter Orni	Ashburnham	80	NMC	72:10
22.	Deb Fontaine	Leominster	65	NMC	73:00
23.	Charlie Fess	Townsend	23	NMC	75:27
24.	David Delvalle	Leominster	37	NMC	75:51
25.	Marge Gladwin	Westford	69	NMC	79:13
26.	Lee Ann Nault	Lunenburg	53	NMC	81:00
27.	Donna Decarolis	Fitchburg	61	NMC	81:00
28.	Felicia Smith	Barre	31	UNN	81:01
29.	Phil McGaw	Shirley	73	NMC	82:02

Race Director: Aleida Castillo-Gage

Volunteers: Marge Gladwin, Dave Duval, Jonathan Miganowicz, Jeremy Zglobicki, Sucey Castillo, Meghan Picone