



**North Medford Club
91 Years and Running
2024 Winter Racing Series**

- January 7 Sunday, Bob Hersey Memorial**, K of C 165 Electric Ave., Fitchburg, MA, 4 Miles, 1pm, rte. 2, exit 98 towards Fitchburg, left on Electric Ave., K of C on left. For directions: call or text 508-380-6268 or rainman4131@gmail.com. **Rescheduled to 1/21/24**
- January 14, Sunday, Worcester NMC 3.4M Run**, 1pm, Fiddler's Green, 19 Temple St. Worcester, MA
For information: Rebecca Sullivan, Sullivanreb@yahoo.com. Entry: see below.
- January 21 Sunday, Bob Hersey Memorial**, K of C 165 Electric Ave., Fitchburg, MA, 4 Miles, 1pm, rte. 2, exit 98 towards Fitchburg, left on Electric Ave., K of C on left. For directions: call or text 508-380-6268 or rainman4131@gmail.com.
- January 27, Saturday, Fresh Pond**, Cambridge, MA, 10am, 2.5 and 5 mile races, FREE. Parking behind Cambridge Honda to avoid possible parking ticket on Fresh Pond property.
(Club members only).
- February 4, Sunday, Log Cabin 10K**, rtes. 2A & 31, Westminster St., Fitchburg, MA, 1:00pm.
Directions: rte. 2 exit 94 towards Fitchburg, right at stop sign. Entry: see below.
For information: fgorham2@yahoo.com.
- February 11, Sunday, Tom & Ron Boone Memorial 10K**, Gardner Fish & Gun Club, Clark St. Gardner, Ma. 1pm. Rte. 2 to exit 87. Bear onto Pearson Blvd. and then right on Elm St. for .9 miles. Bear left around rotary, Rte. 101, onto Central St. Bear right at fork onto Park St. for .7 miles then bear left on Clark St. to Fish & Gun Club 1.25 miles on left.
Entry: see below. For information: JenkinsA1024@gmail.com.
- February 18, Sunday, Merrimac**, 1 Locust St., Merrimac, MA, 7 Mile handicap run, 1pm. Rte 495 to to exit 115 onto Broad St. Turn onto rte. 110 to center of town. Turn left onto Locust St. Entry: see below. For information: philipmcgaw@comcast.net.

**Entry fees: \$5.00 for all non-members, \$3.00 for NMC members who want a prize,
no entry fee for NMC members who waive a prize.
All races with the exception of trail races include a race walk.
Contact race director if race is in question.**

Other races supported or organized by NMC or its members:

- December 10, Sunday, Paisanos 2.8M Jingle Bell Fun Run/Walk**, 450 Lancaster St. Leominster, MA
12:00pm start for both walk and run. \$5 entry fee includes post event pizza. Entry fees are day of race only. For information: mark.fontaine@comcast.net.
- February 4, Sunday, 49th 15K Great Stew Race**, K of C Lynnfield St. (rte. 129) Lynn, MA 15K, 10am.
Contact Roger Perham at 989-468-7934. Directions, information, Facebook, *15K Great Stew Chase*.
Registration at Raceroster.com.

Wild Rover Series

- February 25, Sunday, Maria's Frozen Shamrock 3M**, Maria's Restaurant Haverhill, MA
March 3, Sunday, 4M (race name to be determined), Salvatore's Restaurant, Lawrence, MA
March 10, Sunday, Irish Clover 5M, Owen & Ollie's, Dracut, MA

WildRoverSeries.com for information

**NMC Website: www.NorthMedfordClub.org
To run for the NMC teams at championship races see Jeff Gould.
USAT&F card must list North Medford Club, #37**

The NMC encourages runners who estimate that they will run at a fifteen minute or more pace to consider arriving at least a half hour early for each race and either self-time or run with other runners in this same pace group. All times will be counted with the entire field. In addition, the race will close at the 15 min per mile pace x race length. These changes are done for the safety and convenience of race volunteers.