

2024 Summer Series Races / Grand Prix Results

Iron Men – all 14 races

Jim Shope

Iron Women – all 14 races

no Iron Women this series

Grand Prix Total of 8 races required

Qualifications: 1/2 of 14 races = 7 + 1 = 8

Men

<u>Place</u>	<u>Name</u>	<u>Total points for top 8 races</u>
1 st	Jonathan Miganowicz	733
2 nd	Jim Shope	663
3 rd	Rick Hersey	572

Women

<u>Place</u>	<u>Name</u>	<u>Total points for top 8 races</u>
1 st	Alissa Clark	800
2 nd	Megan Constantine	683
3 rd	Denise Lawson	680

2024 Trail Series Races / Grand Prix Results

Iron Men – all 5 races

Kevin Fallon Rick Hersey
Jim Shope

Iron Women – all 5 races

Alissa Clark Sherisa Sterling

Trail Grand Prix Total of 3 races required

Qualifications: 1/2 of 5 races = 2 + 1 = 3

Men

<u>Place</u>	<u>Name</u>	<u>Total points for top 3 races</u>
1 st	Pat Byrne	284
2 nd	Jonathan Miganowicz	279
3 rd	Sean O'Sullivan	265

Women

<u>Place</u>	<u>Name</u>	<u>Total points for top 3 races</u>
1 st	Alissa Clark	300
2 nd	Megan Constantine	233
3 rd	Denise Lawson	223

2024 Summer Series Races By Age Group

Men

<u>Age group</u>	<u>Name</u>	<u>Total points</u>	<u># of races</u>
<15	Matthew Pilon	96	1
16-29	Kyle Krawec	527	7
30's	Jonathon Miganowicz	967	11
40's	Pat Byrne	466	6
50's	Kevin Fallon	540	13
60's	<i>no runners for age group</i>		
70's	Jim Shope	1079	14
80+	Peter Orni	381	11

Women

<u>Age group</u>	<u>Name</u>	<u>Total points</u>	<u># of races</u>
<15	Phoenix Fortier	93	1
16-29	<i>no runners for age group</i>		
30's	Kaleigh Costa	196	2
40's	Amy Fallon	958	12
50's	Alissa Clark	900	9
60's	Denise Lawson	728	9
70+	Sherisa Sterling	323	6

2024 Distance Medley

Races – Summer 10K, Hill Top 5K, County Road 5K, Fall 15K

Iron Men – all 4 races

Kevin Fallon Rick Hersey
Jonathan Miganowicz Jim Shope

Iron Women – all 4 races

Alissa Clark Amy Fallon
Abby Jenkins