



RACE CANCELLED

Out of an abundance of caution, the Tom & Ron Boone Memorial 10K scheduled for Sunday, February 9, 2025 has been cancelled due to inclement weather.

NMC 2025 Winter Series

One race remains in our Winter Series: Merrimac, a 7-mile handicap race. Runners will start at different times based on their estimated pace, in the hopes that everyone will finish at the same time. Runners at a 10:00-per-mile pace set off at 1pm; slower paces start BEFORE 1pm and faster paces start AFTER 1pm. Reach out to Phil McGaw at philipmcgaw@comcast.net with any questions.

2025 Delta Dental Mt Washington Road Race

North Medford Club is organizing a group of runners and volunteers for this year's Mt Washington Road Race on Saturday, June 14, 2025. Random Selection Registration opens on Monday, February 10th on the [race website](#). If you are interested in volunteering for this event, please reach out to Rebecca Sullivan at sullivanreb@yahoo.com and register to volunteer using [this link](#).

NMC Dues - 2025

NMC is now accepting Individual and Family NMC Membership forms for the 2025 calendar year. Please visit our [Memberships Page](#) for more information, or email George at georgemoe@zoho.com with any questions.

Wild Rover Series

The Wild Rover Race Series will once again be held starting the last Sunday in February on the 23rd. Three races of 3, 4, and 5 miles, held on three consecutive Sundays in Haverhill, Lawrence, and Dracut. The series is offering a club discount to runners who sign up for the entire series: \$18 off the series price of \$128. If you are interested in the discount code, please email George at georgemoe9@gmail.com. You can also message George on Facebook. Again, this code can only be used if you register for the **whole** series.

Run for NMC at USATF Races

****NOTE: The first race in the 2025 Road Race Grand Prix has been postponed****

The New England association of USATF offers a variety of races throughout the year. North Medford Club is registered as a member club, and runners who have paid their NMC and USATF-NE dues are able to represent North Medford Club at any of these events. USATF-NE has posted their [2025 Road Race Grand Prix](#) schedule, and their [2025 Mountain Running Circuit](#) schedule. We'd love to see more orange-and-black at these events! Contact Jeff at twentyquarters@comcast.net if you have any questions.

NMC Apparel

If you need some new NMC Apparel, please reach out to Marge at roadrunner_415@yahoo.com and she'll be able to coordinate with you.

~ "Run often. Run long. But never outrun your joy of running" ~ Julie Isphording

Jeremy Zglobicki, NMC President