

# 13<sup>th</sup> Country Road 5K

## Templeton, MA     June 17, 2025

| Place | Name                   | Town        | Age | Club | Time  |
|-------|------------------------|-------------|-----|------|-------|
| 1.    | Jeremy Zglobicki       | Templeton   | 37  | NMC  | 19:20 |
| 2.    | Mike Martin            | Fitchburg   | 31  | NMC  | 20:08 |
| 3.    | Sean O'Sullivan        | Templeton   | 55  | NMC  | 21:18 |
| 4.    | Paul Vella             | Worcester   | 48  | NMC  | 21:30 |
| 5.    | Alissa Clark           | Gardner     | 51  | NMC  | 23:49 |
| 6.    | Jonathan Miganowicz    | Templeton   | 38  | NMC  | 25:38 |
| 7.    | Julie Dragon           | Sturbridge  | 45  | NMC  | 27:31 |
| 8.    | Jim Shope              | Sterling    | 71  | NMC  | 27:58 |
| 9.    | Denise Lawson          | Uxbridge    | 64  | NMC  | 28:16 |
| 10.   | Nathan Sanden          | Jaffrey, NH | 37  | UAT  | 28:20 |
| 11.   | Kevin Fallon           | Worcester   | 57  | NMC  | 28:41 |
| 12.   | Tom Sullivan           | Pelham, NH  | 65  | NMC  | 28:58 |
| 13.   | Yvon Boucher           | Lunenburg   | 61  | NMC  | 30:26 |
| 14.   | William "Juice" Forbes | Ashby       | 66  | NMC  | 30:55 |
| 15.   | Rick Hersey            | Medfield    | 73  | NMC  | 32:04 |
| 16.   | Amy Fallon             | Worcester   | 48  | NMC  | 32:04 |
| 17.   | Charlie Salmond        | Fitchburg   | 73  | NMC  | 32:50 |
| 18.   | Stephen Abbondanza     | Everett     | 73  | NMC  | 34:06 |
| 19.   | Jill Bussiere          | Fitchburg   | 23  | NMC  | 34:34 |
| 20.   | George Higgins         | Leominster  | 65  | NMC  | 35:57 |
| 21.   | Aldo Bianco            | Leominster  | 79  | NMC  | 37:04 |
| 22.   | Dan Hughes             | Templeton   | 59  | NMC  | 38:11 |
| 23.   | Meg Constantine        | Templeton   | 41  | NMC  | 38:12 |
| 24.   | Stacy Hughes           | Templeton   | 50  | NMC  | 38:12 |
| 25.   | Joe DiMucci            | Templeton   | 66  | NMC  | 43:49 |
| 26.   | Marge Gladwin          | Medford     | 71  | NMC  | 50:52 |
| 27.   | Peter Orni             | Ashburnham  | 82  | NMC  | 50:52 |

Notes:

Records:

Scott Leslie (2013) 16:28

Elizabeth Bond (2014) 21:36

Weather:

65° and overcast, light showers

Race Director:

Jonathan Miganowicz

Volunteers:

Marge Gladwin

Dave Duval

Jeremy Zglobicki

Larry Morris

Joe DiMucci