



### **Mr. Bean 3.4M Run - Tuesday 6/10 @ 6:30pm**

There is a slight change in the usual venue for those who have run the Mr. Bean 3.4M Run in the past. We are still at **Fiddler's Green** on Temple Street in Worcester, but we will be **DOWNSTAIRS**. There is an event going on in the regular upstairs room. Also, parking may be tight due to the event, so parking across the street in the St. John's Church parking lot (or finding street parking) may be necessary.

### **Delta Dental Mt Washington Road Race - Saturday, June 14, 2025**

We have 27 NMC members running the Mt Washington Road Race this year! Many thanks to Rebecca Sullivan for coordinating both our runners and volunteers; there are definitely a lot of moving parts as we get people safely up and down the mountain. Fingers crossed for good weather!

### **SRR 26x1 Relay - Saturday, June 21, 2025**

Signups are here! If you are interested in running for North Medford Club at the 26x1 Relay Invitational at 8:30am on June 21st, please fill out the [Sign-up Form](#). The event is located at Hormel Stadium, 90 Locust Street, Medford MA. All participants **MUST BE** a current paid club member. If you just receive the newsletter and are not a current club member, [sign up now](#).

All paces are considered. Past event runners and volunteers who wish to run have first consideration for 2025. Folks who sign up to be a backup runner or volunteer this year will have first consideration for subsequent events. Our volunteers play a huge role in race day communications and making sure runners are ready for their start. If you have any questions please email George at [georgemoe9@gmail.com](mailto:georgemoe9@gmail.com) or visit the [race website](#).

**SAVE THE DATE** - In partnership with Moon Hill Brewing and the Gardner Ale House, NMC's Run For A Beer 5k will take place on Saturday, September 27th at 10am

~ "Run often. Run long. But never outrun your joy of running" ~ Julie Isphording

Jeremy Zglobicki, NMC President