

Merrimac 7 Mile Handicap Race

Merrimac, MA August 19, 2025

Place	Name	Town	Age	Club	Time
1.	Ian Ridgway	Holden	40	NMC	42:31
2.	Jeremy Zglobicki	Templeton	38	NMC	44:08
3.	Sean O'Sullivan	Templeton	55	NMC	52:00
4.	Jeff Gould	Gardner	60	NMC	56:39
5.	Jonathan Miganowicz	Templeton	38	NMC	63:55
6.	Jim Shope	Sterling	71	NMC	64:38
7.	Amy Fallon	Worcester	48	NMC	69:07
8.	Rick Hersey	Medfield	74	NMC	69:29
9.	Michael Andreoltola	Haverhill	56	WCRC	70:15
10.	Yvon Boucher	Lunenburg	61	NMC	72:20
11.	Kevin Fallon	Worcester	57	NMC	74:01
12.	Charlie Salmond	Fitchburg	73	NMC	76:22
13.	Karen Patalano	Boylston	69	NMC	86:55
14.	George Higgins	Leominster	66	NMC	86:55
15.	Peter Orni	Ashburnham	82	NMC	88:22
16.	Denise Lawson	Uxbridge	63	NMC	88:22
17.	Marge Gladwin	Westford	71	NMC	88:22
18.	Stephen Abbondanza	Everett	73	NMC	92:08
19.	Joe DiMucci	Templeton	67	NMC	119:10

Notes

Weather: Cool with a refreshing breeze off the water

Race Director

Marge Gladwin

Volunteers

Dave Duval

Denise Lawson

Jonathan Miganowicz